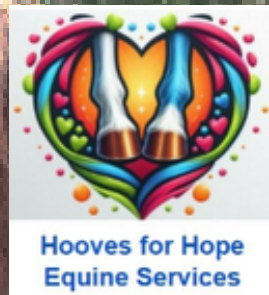


AUGUST 2026



"The horse is a mirror to your soul. Sometimes you might not like what you see, but sometimes you will."
– Buck Brannaman



Hooves for Hope supports mental health, healing, and personal growth through meaningful connections with horses. Their calm, honest, and accepting nature helps people feel grounded, safe, and more connected to themselves.

Pony Pointers



Hope - Healing & Hooves

Equine Assisted Coaching

Interactions with horses help build life skills, confidence, emotional awareness, and healthy relationships. Activities are designed to help children heal, grow, and develop skills they can use in everyday life.

Programs based on the child/youth's needs

- Grooming and horse care
- Leading horses through obstacle courses
- Groundwork and communication exercises
- Goal setting and reflection activities
- Confidence building challenges
- Learning horse behavior and body language

Who We Are?

Hooves of Hope uses the powerful connection between horses and children/youth to build confidence, trust, emotional resilience, and life skills. Through hands-on activities with horses, participants learn healthy communication, develop coping strategies, strengthen self-esteem, and discover their own potential in a safe, supportive environment. Every interaction is designed to foster healing, growth, and hope for the future.

We rely solely on donations and grants. This program is free for all children/youth in foster care.



HOOVES FOR HOPE
690 W. CR 2307, Canton, TX 75021
952.808.8707
hoovesforhopeequineservices@gmail.com
https://www.hoovesforhopeequineservices.com

Coming Soon - November 2026!

Event got pushed back. Stay tuned for more information or reach out to us

Harvest Hooves Day Camp

Join Hooves for Hope for a fun-filled week of after school activities where kids can experience the magic of horses and make new friends.

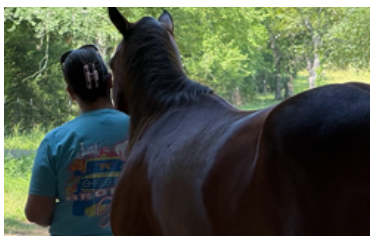
This hands-on camp is designed for children of all ages and experience levels, and offers a safe, supportive environment to learn, explore, and grow.

- grooming and learning to care for horses
- learn basic horsemanship skills
- participate in horse-themed games
- learn how horses communicate with people and each other



Children will build confidence, learn teamwork and responsibility just being around horses!

An Official Introduction



Hello! My name is Reghyn Lacefield. I am 24 years old and I have had a dream since I was a young teen to help those in need. My passion started out as wanting to help troubled youth, those who struggled with mental health or those who feel like nobody was on their side backing them up. I have seen myself how poor mental health and trauma can effect a person's mind and actions, but I have also seen how horses can help people become themselves again. With my aunt's help, my dream has expanded to helping youth, foster children, veterans, law enforcement or just anyone out there struggling with anything.

Our Goal:

Our main goal is to help anyone struggling find themselves again and get into a better state of mind. We aren't therapists, but we can help those through horses learn to dig deep within themselves and take the steps needed in order to heal.

How can horses help?:

Horses are able to connect with our emotions. They can feel if we are anxious, sad, happy, etc. I once had a really bad day when I lost my uncle. I was alone and felt lost. The only ones I could turn to in the moment were our horses. I remember walking outside to Shiloh and just told him I needed him. I grabbed a halter and hopped on his back bareback. He stayed as still as a wall as I cried on his back. When I got off, I gave him a hug, and he wrapped his head around me. It felt like a magical and healing moment. I also have a sister who went through some trauma. She became shut down and a little quiet, but then connected with our aunt's horse Bentley. Slowly, I saw her become herself again. She became happier, more confident and I could see her spark come back. Horses, just as our other pets can, know when we need them. Through their own ways they help us, even if we don't know it in the moment.

If you would like to learn more about how horses can help you, reach out. We are here to help.

Donations are welcome!

Helping people through horses takes a village.

We appreciate your support!

- 501C3 -

hoovesforhopeequineservices.com

682.808.8707

hoovesforhopeequineservicetx@gmail.com

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Equine Services** 🌱
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